

## Gaps in Care Preventive Office Visit 2022 - 2023

East Alabama Health's health insurance plan is offering a Gaps in Care program to encourage you to take charge of your health. Subscribers and spouses who are covered through the BCBS East Alabama Health and Healthlinks health insurance plan, are required to complete a preventive office visit and specific labs as part of the Gaps in Care program to receive the health insurance incentive for 2024. **The program runs Sept 1, 2022 through July 31, 2023**

If you need to establish a Primary Care Physician, be sure to check the Designated Provider List on SharePoint OR through your myBlueCross account page, to find a list of Tier 1 Providers. When making an appointment, be sure the physician office knows you are an EAH employee.

**If you have any questions, you can contact Employee Wellness at [employeeewellness@eamc.org](mailto:employeeewellness@eamc.org)**

**\*Important\* Lab tests will only be covered 100% if they are processed by a Tier 1 laboratory provider, facility or at a Tier 1 provider's office. Please note if labs tests are processed through Lab Corp, Quest, etc. they will not be covered at 100% and could fall under Tier 2 or Tier 3 coverage. Please contact the HR department with specific questions about lab tests coverage.**

**Please refer to the below information:**

**REMEMBER: The preventive office visit and required labs MUST be coded with the Z00.00 preventive code with no other diagnosis code(s) to avoid an office copay or potential lab charges. There is no requirement or need to submit a provider screening form to the Employee Wellness Clinic.**

- **Preventive office visit and the following required labs (fasting or non-fasting) use code Z00.00:**

- Preventive Office Visit
- Lipid/cholesterol panel
- Glucose
- HgBA1C

**Age-Specific Gaps in Care Requirements – listed below:**

- **Breast Cancer Screening**
- **Mammograms: Women may complete the screening yearly beginning at age 40 (Gap closure starts at age 50)**
  - Complete screening mammogram **1 year and 1 day** from the time the screening mammogram was previously completed
- **Colon Cancer Screening**
- **Colonoscopy: men and women may complete the screening beginning at age 45 (Gap closure starts at age 50)**
  - **Beginning at age 45 (discuss with your primary care physician).**
    - Colon Cancer Screening timeline: every 10 years for colonoscopy; every 3 years for cologuard
    - Cologuard is acceptable for appropriate populations (discuss with your physician if this test is appropriate for you). The provider should use CPT code 81528 for the cologuard.

**The below labs and tests are available for your preventive visit (based on your needs), but not required to meet your gaps-in-care:**

- CBC
- Profile 1 (complete metabolic panel)
- Profile 2 (thyroid panel) or TSH only
- Profile 3 (renal panel)
- Profile 4 (liver panel)
- Profile 7 (iron panel) Transferrin level is included with a profile 7 panel
- Vitamin D 25-OH use CPT code 82306
- Vitamin B12 Level
- Hepatitis B panel
- Hepatitis Panel (A, B, C)
- Glucose screening
- Urinalysis
- TB testing one per year if necessary